



by BETH SCHOTT

# Slender Fit U

## Gerri Correa, “The hCG Guru,” guides clients on a amazing weight loss journey

ral protein, and is backed by almost 60 years of research and results. The program has been called “the cure for obesity” and, for many years, was available only to celebrities and the very wealthy. But in the past few years it has grown in popularity, and Gerri Correa has been working with the hCG diet since it was first introduced to South Florida. She says it is her experience and professionalism that sets Slender Fit U apart.

“I have been doing this for many years and have a very high success rate with my clients, who achieve the maximum weight loss,” said Correa, who is referred to as “The hCG Guru.”

“Even though it’s a very simple program there are a lot of ways to tweak it to get the best results. That’s where my level of experience comes in,” she continued.

The Slender Fit U protocol works by both using a tiny dose of hCG and by following a very specific, very low calorie diet made up of real foods – proteins, fruits and vegetables.

hCG is a complex amino-peptide protein that exists in every tissue of the human body, both male and female, and is found in all living things. It is produced in very high levels in pregnant women and almost completely controls metabolic function (via the hypothalamus) throughout the pregnancy. In people that aren’t pregnant, research suggests hCG similarly increases the metabolism.

Slender Fit U’s simple program uses hCG to help your body to break down stored fat for calories, while preserving muscle. By breaking down the fat, it easily and comfortably provides your body with much needed fuel

and very little hunger. You will be getting anywhere from 2000 to 4000 calories a day from your fat, depending on how much fat you have.

“Even though you are on a low calorie diet, you are not hungry because you are being fueled by your fat, which provides calories, vitamins and nutrients,” said Correa, who added that the abnormal, stored fat is burned up at the rate of 1/2 to 2 pounds per day, without exercise. Correa says it is safe, effective and easy to do.

“The beauty of this program is the simplicity of it. If you do it in the correct way, it works literally like nothing else. A woman can lose 15 pounds in 3 weeks and up to 30 pounds of fat in six weeks, and a man can lose 20 pounds in 3 weeks and 40 to 50 pounds in six weeks,” she said.

Gerri and her staff believe each and every client deserves personalized attention in a warm and welcoming environment. While a doctor monitors the medical progress, Gerri guides clients every step of the way through the protocol, beginning with the initial consultation. Correa works hand-in-hand with Doctor Jorge Valdes, the Medical Director of Slender Fit U.

Said Correa, “Everyone is a little bit different, and each protocol has slightly different nuances. The experience I have helps them to get better results from the program.”

The staff at Slender Fit U promises clients will not only lose pounds and inches, but also come away with a completely reshaped body, a reset metabolism and a corrected hypothalamus, resulting in permanent weight loss.

“This program can work for anyone, whether you want to lose 10 pounds or 100 pounds, and is very affordable – costs range from \$300 to \$600, depending on which program you choose,” Correa said.

Slender Fit U is located at 12525 Orange Drive, Suite #701 in Davie. You can phone them at 954.423.1376. There is also a new Miami location, at 5963 Biscayne Boulevard. You can phone them at 786.536.3319. They also offer a concierge service for anyone who can’t make it in to the office. For more information, visit them online at [www.slenderfitu.com](http://www.slenderfitu.com).

If you are tired of yo-yo dieting and exercise that never helps to keep the weight off, it may be time to check out Slender Fit U, a medically supervised, safe and effective weight loss program. With locations in Davie and Miami, Slender Fit U features a time-tested program that offers long-lasting weight loss.

“More than 90% of our clients don’t gain back any weight after successfully completing our program,” said Gerri Correa, the founder and program director of Slender Fit U.

The Slender Fit U weight loss protocol uses hCG, or Human Chronic Gonadotropin, a natu-

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