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## COMMUNITY

### Arts Alive Auditioning For The Camera Weekend Workshop

Film and TV Actress Kiki Harris presents a two-day workshop on June 23 and 24. This workshop is for aspiring young film and TV actors at Arts Alive Community Performing Arts School, 10450 West Atlantic Blvd. in Coral Springs. Registration is required. For ages 7-12, the workshop runs from 10 a.m. to noon on the 23 and 24.

For ages 13-18, the workshop runs from 12:30 to 2:30 p.m. on Saturday and 4:30 to 6:30 p.m. on Sunday. There will be a bonus question and answer session with Taylor Blackwell, professional child TV and film actress. For more information, call 954-372-7878 or visit [www.ArtsAlive.biz](http://www.ArtsAlive.biz).

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exercise, diet pills or packaged foods.

The program includes injectable hCG, vitamin B12 and is also available in an oral version as well as following a low calorie diet of real foods – proteins, fruits, and vegetables. But unlike other low calorie diets, there is no tiredness, weakness or

irritability that accompany a low calorie regimen because the body draws between 2,000 and 4,000 calories a day from stored fat.

“That’s why you are not hungry,” says Kelleher. “Clients keep their desired muscle mass, so there is no saggy skin, and they lose the unsightly fat. Every pound you lose on the Slender Fit U program is a

### Tips To Keep Mosquitoes Away

Parkland’s rainy season is upon us and each day the humidity increases as well, making a perfect breeding ground for mosquitoes. We offer the following tips to residents to help reduce the local mosquito population:

- destroy or dispose of cans, old tires, buckets, unused plastic swimming pools or other containers that can collect and hold standing water, which promotes breeding
- repair leaky pipes
- install screens on rain barrels and openings to water tanks or cisterns
- empty water from boats

- scrub and change water in vases holding flowers or cuttings twice each week, or grow cuttings in sand
- clean clogged roof gutters and drain flat roofs
- scrub and change water in bird baths twice weekly; empty watering areas of pets and chickens daily
- fill holes in trees with sand or mortar, or drain or spray them as required
- stock fish pools or lily ponds with minnows, which devour mosquito larvae

Experts suggest residents keep doors

and windows closed, stay indoors at dusk and dawn, dress in long-sleeved and light colored clothing when in a known mosquito infested area and apply insect repellent containing DEET sparingly to clothing and skin. When necessary, Broward County Mosquito Control sprays areas of the County by truck and plane, based on the volume of requests received from residents. To request mosquito spraying service, visit [broward.org](http://broward.org) and click mosquito services under online services or call 954-765-4062.



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5 locations in Broward  
1 in Palm Bch. / Boca Raton  
Listed below:

**Tint World - Lauderdale**  
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Lauderdale, FL 33319  
(End of University,  
North side of auto center)  
(954) 726-8468

**Tint World - Coral Springs**  
7830 Wiles Road  
Coral Springs, FL 33067  
(Between Riverside Drive  
and Woodside Drive)  
(954) 345-7800

**Tint World - Deerfield**  
2501 W. Sample Road  
Deerfield Beach, FL 33073  
(North side just West  
of Powerline Rd. next  
to the car wash)  
(954) 974-3115

**Tint World - Pompano Beach**  
2301 N. Federal Highway  
Pompano Beach, FL 33062  
(NW corner of Copans Road  
& Federal Hwy.)  
(954) 784-8650

**Tint World - Ft. Lauderdale**  
1050 W. Commercial Blvd.  
Ft. Lauderdale, FL 33309  
(West of Powerline Rd.  
North side just east of  
Dunkin Donuts)  
(954) 776-2277

**Tint World - Boca Raton**  
90 N.W. Spanish River Blvd.  
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between Dixie Hwy. & 2nd Ave.)  
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