

## SPOTLIGHT

# Summer Shape Up

### Slender Fit U helps clients lose weight with effective scientific method

Cathy Rose

Summer is already here, but it's not too late to take advantage of the most effective scientific weight loss method designed to help you lose fat, retain muscle and, most importantly, maintain your new body -- not just for the summer and swimsuit season -- but for the rest of your life.

It sounds too good to be true, but more than 60 years of research has gone into the use of hCG, or human chorionic gonadotropin, a hormone that is present in every cell in the body that regulates metabolism. But like anything else, there are pretenders and there is the real thing, says Geri Kelleher, founder and program director of Slender Fit U and

known in the region as the hCG guru.

"I've been doing this longer than anyone in South Florida," says Kelleher. "I personally monitor everybody who goes through the program all the way through stabilization to ensure the best results and long-term weight loss success."

Kelleher points out that not all hCG is the same. For instance, there is homeopathic hCG that isn't the hormone at all. And there are clinics that claim to use the same methods as Slender Fit

Slender Fit U has two locations in South Florida:

■ In Coral Springs at 9600 West Sample Rd., Suite 208. Call 954-255-5048 for more information.

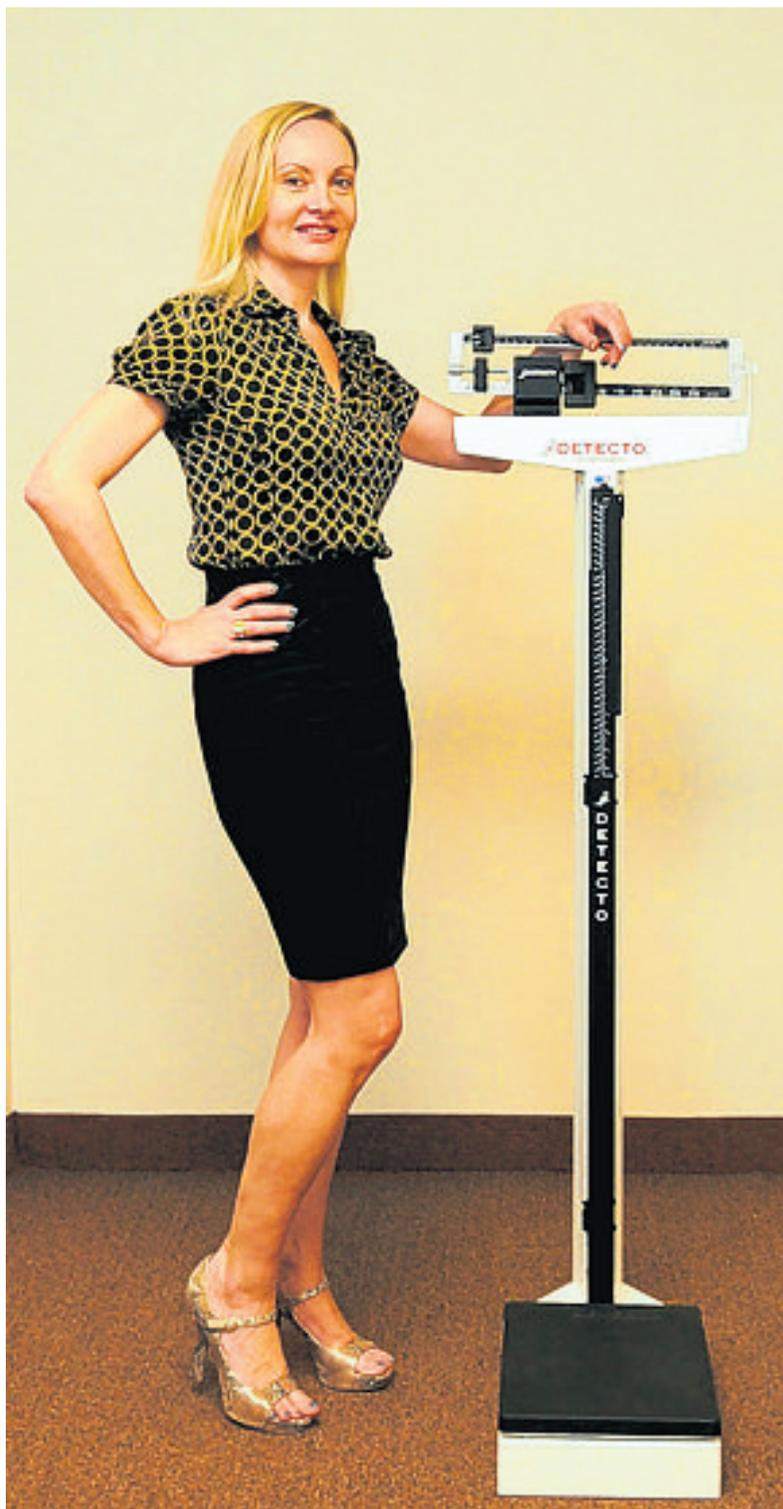
■ In Davie at 12515 Orange Dr., Suite 815. Call 954-423-1376 for more information.

To learn more about Slender Fit U and see their clients' amazing results, visit [www.slenderfitu.com](http://www.slenderfitu.com).

U but that administer watered down and therefore much less effective doses of the hormone or give clients prefilled syringes so they are not even sure of what they are getting.

"We have a track record of proven success stories," says Kelleher. "This is a simple method, but there are ways to tweak it to suit an individual's needs and ensure the best results and permanent weight loss."

Unlike other diets, the hCG diet uses tiny doses of the hormone to turn the body into a fat-burning machine that converts abnormal fat into energy, allowing Slender Fit U clients to lose one to two pounds a day without hunger,



Geri Kelleher is program director at Slender Fit U in Coral Springs. **STAFF PHOTO/TODD ROLLER**

### CLIENT BEFORE AND AFTER PICS

