

Slender Fit U

For real results, injectable hCG is the proven & lasting method

by JILL SHARPE

The hCG diet – it’s everywhere these days. You’ve no doubt heard of it, and maybe you have a friend who has given it a try. But did you know that not all hCG diets are the same? There’s the gold standard – injectable hCG – and then there are others that may be sold as being the same thing, but really are not. If you or someone you care about is serious about losing weight, getting healthy, and looking great, there’s just one way to go.

Why Some People Are Not Seeing Dramatic Results from their hCG Diets

Many experts, like the popular and trusted Dr. Oz, confirm the scientific studies that prove a properly implemented and supervised hCG diet is virtually 100 percent effective for everyone. But why then are some people not getting the results they expect?

The explanation is simple. Although the science of using hCG – a complex amino-peptide protein found in the human body – to increase metabolism has been around for decades, its sudden popularity over the past few years has led to a lot of companies jumping on the bandwagon.

“Some programs sell what they call ‘homeopathic hCG’ in the form of sprays or drops. Others claim to be able to lead dieters through an hCG program via the internet, which is virtually impossible given the medical supervision required,” said Geri Kelleher, founder and program director of Slender Fit U, an injectable hCG clinic with locations in Davie/Weston and Coral Springs.

Kelleher, who many refer to as “The hCG Guru” as she was one of the first in South Florida to start using the real, scientifically proven hCG diet, said some people aren’t achieving their weight loss goals because of copycat programs that use inferior and poorly administered products. Just because a program says “hCG” it doesn’t mean it’s the real deal.

“The sprays and drops that people find elsewhere are not nearly as effective, partly because the mucous membranes in the mouth are not a good delivery system,” said Kelleher. “Furthermore, people should be forewarned against programs that are hawked on the internet, as hCG is a prescription medication and can only be prescribed by a physician once a complete physical has been performed,” she said.

The Most Effective hCG Is Injectable hCG

Kelleher, who has successfully taken thousands of clients through the injectable hCG protocol, gives her clients confidence that they will receive the qual-

ity of one-on-one counseling throughout the program. Clients follow a very specific, low calorie diet that is made up of real food – proteins, fruits and vegetables. And although clients are only eating approximately 800 calories a day, they are actually getting anywhere from 2000 to 4000 extra calories from their own bodies, as the hCG helps to break down stored fat calories while preserving muscle. It’s the miracle of injectable hCG.

“That is the reason why clients are able to maintain a low calorie diet without suffering headaches, irritability or weakness, which are common side effects of other low calorie diets,” Kelleher said.

Kelleher promises that Slender Fit U clients will not only lose pounds and inches – up to 30 pounds in six weeks for women, and up to 50 pounds in 6 weeks for men – but they will also come away with a reset metabolism that will help keep the pounds off.

Stabilization Is The Key

Kelleher said the most important part of the program is *stabilization*, and she takes pride in the fact that 90 percent of Slender Fit U clients don’t regain any weight after successfully completing the program.

“It’s really very simple. If you complete the 21 days of stabilization properly and you give your metabolism the time it needs to reset itself, you will absolutely get permanent results,” Kelleher said. “The stabilization part is where a lot of other programs fall flat.”

Elizabeth Rodriguez, who lives in Davie, is one of the thousands of Slender Fit U clients who know this to be true. Elizabeth enrolled in the six week program in January of 2012 and lost 28 pounds by the middle of February. Since then she has maintained her weight loss and is thrilled with the success she was able to achieve.

“I eat a lot of healthy food and don’t get cravings any more for junk food,” Elizabeth said. “I highly recommend this program to anyone who has had a difficult time losing weight.”

Slender Fit U has locations in Davie/Weston and Coral Springs. Call 954.423.1376 or visit www.slenderfitu.com, where you can see more amazing results from actual clients.



(Top) Karyna, seen on the cover, lost 25 pounds in six weeks. (Bottom) Martin lost an amazing, but not unusual, 42 pounds in only six weeks. The difference in his waist, stomach, and face is remarkable.

ity hCG and guidance they deserve. At Slender Fit U, clients receive the strongest recommended dose of injectable hCG, as well as optional B12 vitamin injections to provide extra energy. It’s a winning combination that has proven itself time and time again.

The program at Slender Fit U includes a comprehensive physical by a medical doctor, as well as